

Write a minimum, one-page, double-sided, double-spaced capstone proposal.

**What is a Capstone?**

A Capstone is a culminating project, presentation, or performance that allows students the opportunity to consolidate and showcase learning from school and life experience into a meaningful and relevant product. Your Capstone Project should be a topic that you are interested in learning more about and does not have to relate to your post-secondary goals. On the flip side it can be directly related to your post-secondary goals. It can be a skill you know you will be required to have in post secondary that you would like to develop to ease your post-secondary transition. Your Capstone should not feel like a burden, and its selection should be such that you are excited to work on it.

So choose a topic that you are truly enthusiastic about, something that excites you. Something that you want to spend hours working towards. Start by brainstorming what your topic / focus will be on. Choose something you are interested in or something that excites you and relates to your future (in some way). Once you have a topic, narrow down on your focus; remember, you want to pick a project that is attainable this semester.

**The Capstone Proposal can include:**

- Description of your capstone (Introduction)
- Which Capstone option you have chosen and why (Of the flavours on the website)
- Why are you passionate about this topic (Why is the topic meaningful?)
- Your current experience with the topic (Are you expanding knowledge / building a base)
- What you hope to accomplish (The scope of your project / What will you learn?)
- Outline of your timeline with goals for each month (Possibly in a table format)
- Description of major steps and tasks (What is your plan?)
- Description of your mentor and how your mentor will help you (Do you have a mentor?)
- Project limitations and potential obstacles (What worries you?)
- Names of people (besides your mentor) who will offer you guidance and support (Help?)
- Description of what you are hoping to learn from the project (What is your Goal?)
- Your mentor (What guidance / learning are you hoping your mentor can / will provide)
- Specific expected outcomes or impacts of the project (What will be created / learned?)

**Mentorship:**

As part of the Capstone Project, each student will be required to connect with a mentor. A mentor is an experienced person in a field that provides knowledge and guidance to a student. Mentors offer experience, wisdom, guidance, encouragement, a supportive relationship, and leadership. A mentor is usually an expert in the field of your interest. One person can be a mentor for more than one mentee. Although it is preferable to have face to face contact, it is acceptable to connect with your mentor through online communication.

Category (Mark)	Excellent		Good		Satisfactory		Please come speak to Schaub
	5	4.5	4	3.5	3	2.5	
<b>The boring details</b> <u>Mark</u> Student: /5	My proposal was handed in on time, at minimum, single paged, double sided, double spaced, reasonable font size and style.		My proposal is missing one of the elements in the box described as "Excellent"  Missing: _____		My proposal is missing two of the elements in the box described as "Excellent"  Missing: _____  Missing: _____		I've decided to repeat grade 12 next year. Actually, the real world scares me. Can I start over at kindergarten? I swear I'll listen this time.
<b>The Intro paragraph</b> <u>Mark</u> Student: /5	The first paragraph clearly and succinctly introduces and articulates a capstone topic.		The first paragraph introduces and articulates a capstone topic.		The first paragraph contains multiple or no capstone topic(s).		The first paragraph contains no specific topic and it is difficult to foresee what capstone will be. A mystery capstone wiipee!
<b>The Topic</b> <u>Mark</u> Student: /5	The topic of your capstone is singular. There is obvious evidence of thought and planning in its selection. The topic and scope are attainable.		The topic of your capstone is singular. There is some evidence of thought and planning in its selection. The topic and scope are possibly attainable.		The topic of your capstone is singular. There is some evidence of thought and planning in its selection. The topic and scope are probably not attainable.		The topic of your capstone is singular but there is much doubt if and how your project will be executed.
<b>The other paragraphs</b> <u>Mark</u> Student: /5	The remaining paragraphs describe in detail many of the items suggested on the front of this document. The reader understands your goal or vision, how you plan to execute it, the issues you foresee, anything you hope to produce, and your overarching goal.		The remaining paragraphs describe in detail some of the items suggested on the front of this document. For the most part the reader understands your goal or vision, how you plan to execute it, the issues you foresee, anything you hope to produce, and your overarching goal.		The remaining paragraphs describe in detail some of the items suggested on the front of this document. The reader may be a little unsure of your goal or vision, how you plan to execute it and the issues you foresee.		The reader has no understanding of your vision.
<b>Conclusion</b> <u>Mark</u> Student: /5	The Capstone Proposal is brought to a succinct, well articulated conclusion.		The Capstone Proposal is brought to a conclusion.		The Capstone Proposal is lacking to tie together the piece.		I don't believe in endings.